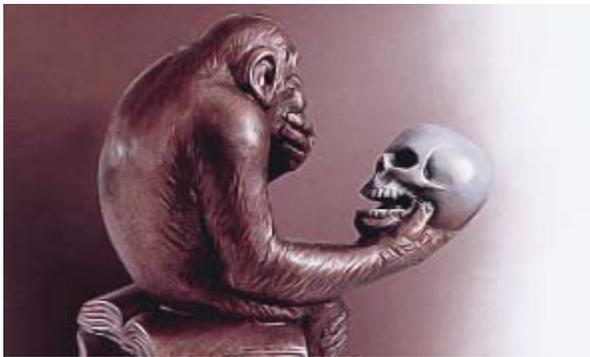


# TEMKIT FOR CHILDREN

## TEMKIT'S MISSION:

To provide Bible based, true reading material for children and youth.

Year 2 - 4th Quarter - Issue #2



### CREATION CORNER Neanderthal Nightmare: 2

We learned how in 1979, Dr. Cuozzo, an orthodontist dentist, borrowed a good portable X-ray machine and went over to the big museum in France to do his research on the original, famous Neanderthal skulls. When he was finished, he had to turn in a set of copies of the photos and X-rays that he did, to the heads of the Museum and he was very worried about what was going to happen.

He had learned how these skulls had been changed and lied about to make them seem to be more like apes and how some evidence, such as a clear bullet hole through one of the skulls, had been hidden and not mentioned to the public.

There were other things he learned from the study of these skulls that had also been lied about in reports done by other scientists.

The other scientists had said that these people grew up at the same rate we do today and they lived about the same ages. The evolutionists want to believe that everything was always the same and people are just getting better and smarter. But Dr. Cuozzo found evidence that the children of these people grew up much more slowly than we do today

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and the people lived much longer. Also it was clear that the brain cases of these people were actually larger than our brain cases are today.

This means that, just like the Bible tells us, the people lived longer and were smarter back then than we are today. Man is not evolving to a better state; he is falling lower and lower to a worse and weaker state.

When Dr. Cuozzo and his family left the museum, they turned in the set of copies as late as they could, when they were ready to go. He had his children with him helping him with his work, and now that they were finished, he wanted to go and visit some of the interesting places in France before they had to fly back to the USA.

First they went to see the beaches of Normandy where important events of World War II had happened. Soon, after they returned from there, they realized that a group of men in a certain car were following them. Everywhere they went these persons showed up. They began to get very afraid because they knew that these men were intending to do them harm.

Finally they tried to get safely to their apartment, which some friends had allowed them to use while they were in France. They had to drive very fast while these men were chasing them. Then

they got far enough ahead and turned off and hid until these men went past and then they sneaked to their apartment.

They had been given a name of a friend's sister to phone so they could go over and have dinner with them. But before they could call this number, they got a call from a lady saying she was this person and if they wanted to visit, to first call this number, and the lady gave them a phone number.

Now it seemed a little strange, because their friend said his sister didn't speak very good French and this lady did. But they didn't think too much about it until later, when they finally learned that this number was for a pay phone out on a street. He remembered he had shown the original number to a secretary at the Museum, and after that couldn't find it again.

Peeking out of the apartment window without turning on any lights, they saw two of the cars that had chased them, parked outside in the parking lot, and they saw men running to hide in the bushes, so they barricaded the door so no one could break in and prayed for God to protect them. The cars stayed there all night and the men watched the apartment. Continued = ^ .. ^ =

## TRUE-STORY-TIME

### God's Message to a Teenager

For many years Jesus sent messages to His people here on earth through His messenger, Mrs. Ellen White. Sometimes Jesus even sent messages to children. Once he sent a special message to Mrs. White's granddaughter, Ella Mae. She was only 14 years old at the time.

One night when Ella came home from school she was very tired and discouraged. Her mother had to spend so much time taking care of her new twin baby brothers that much of the housework had become Ella's responsibility. Consequently, Ella always seemed tired and she never had enough time to study.

Tearfully Ella prayed, "Dear Jesus, please help me. Please take away my unhappy feelings and give me peace." But she still didn't feel any better. It seemed to her that Jesus wasn't near her, and that He didn't hear her prayers. Finally Ella fell asleep feeling very sad and lonely.

A day or two later Grandma White's carriage stopped at the front door of Ella's home. Grandma told Ella's father to call the family together, for she had come with a special message just for them.

She also asked Ella's mother to have one of their helpers take care of the twins. Grandma White wanted Ella and her sister Mabel to pay attention to every word and not be distracted by the babies. Mrs. White took out of her bag the message that she had written that very morning and began to read.

Jesus had come to Mrs. White during the night and had spoken to her in a vision. He told her that there was too much noise and confusion in their home. She was also shown that they forgot to think about God and to ask His blessing as they did their study and work. They should make more time for Bible study and prayer. As they went about their work they were to remember that it was the same as if they were doing it for Jesus.

Grandma White told Ella and Mabel that their mother needed their help, and that they should be faithful in doing their chores. She told them they should respect their mother and obey her when they were asked to do something. Boys and girls should learn to respect and obey their parents because it is helping them to get ready for heaven.

Ella was told that she needed to set a good example for her little sister by being like Jesus. She was told that she should be willing to do her home chores. If she saw something that needed to be done she should do it without being asked. She was also told that she should keep her room neat and clean, as well as the kitchen.

These were the very things that Ella didn't like to do, and she certainly didn't like hearing about them right in front of the whole family. Interrupting her grandmother, Ella asked, "Did the angel say all those things, or did you think of them yourself as you were writing?"

Patently Grandma replied, "The angel talked with me in the night; I then got out of bed and dressed and wrote down the messages that were given to me for you."

Grandma White also told Ella that she should put her books away when it was time to do chores, and that she should not study until her chores were done. She reminded Ella that by obeying her mother, and doing her chores promptly and neatly, she was being a missionary. She was being like Jesus. To Him, even little jobs in the kitchen are important. The Bible tells us that when we are faithful in doing the least important things it will help us to be true and faithful in the most important things.

"We are told not to be discouraged," Grandma

continued, "Angels are watching to see how they can help us become more like Jesus."

Ella didn't like the message that Jesus had given to Grandma White for her. She ran upstairs to her room, buried her face in her pillow and cried and cried. "Why do I have to sweep and scrub and wash dishes?" she sobbed. "I need time for studying."

And then suddenly she remembered her prayer that Jesus would help her and take away her bad feelings. Was this His answer? Had Jesus heard the cry of a young girl and sent an angel with the answer to her prayer?

Yes. Jesus had heard her. He did love her! He had sent His angel to give a message to her grandmother just for her, telling her how she could be better because He loved her.

Now Ella began to cry again, but this time it was because she was sorry. She wiped her tears away and went scurrying down to the kitchen. Because she had been feeling so stubborn and cranky she had hidden a sticky saucepan behind the stove. As soon as she was sure no one was looking, Ella got it and gave it a good cleaning. It had never shone so brightly before! Then she looked around the kitchen and straightened things up here and there. She even used some of her new-found energy to scrub the stains from the wooden table. My, how much better she felt!

Ella repeated the words, "He that is faithful in that which is least is faithful also in much." From now on she would do every chore as faithfully and carefully as if she could look up and see Jesus standing there, watching lovingly as she did her work.

Adapted from *Over My Shoulder*, by Ella White Robinson = ^ .. ^ =

## STORY LESSON

### Water Treatments # 6

#### SECTION THREE: HOT AND COLD

##### 1 ALTERNATE COMPRESS

WHAT IT IS: This is an application of very hot and very cold compresses in alternation (one following the other).

HOW IT CAN HELP YOU: There is probably no other procedure, which can so well increase the flow of blood in various parts of the body. It can help in infections and healing sores and can also be applied to paralyzed limbs, and in chronic pleurisy and pneumonia, which has not healed

after the severe part of the illness.

Alternate Compresses to the spine are a very effective means of arousing one from alcoholic intoxication, and similar problems.

##### HOW TO APPLY IT:

1: This is a Hot Fomentation application, with the addition of a Cold Compress after it: When the fomentation cloth is removed, a hand towel, wrung from cold water or ice water is placed on the body part. The cold application will need to be renewed frequently in order to keep it cold, but it may be left on nearly as long, or as long as the hot application (but never longer).

2: Then it is removed and the surface dried well. Another hot fomentation is then applied. Three changes from hot to cold are usually given. The procedure must always begin with a hot application and end with a cold one.

##### 2: REVULSIVE COMPRESS

WHAT IT IS: This hot and cold application differs from the Alternate Compress, described just above, only in the different timing of the heat and cold. In the Alternate Compress, the applications are of equal time, or at least the hot application does not exceed the cold. In the Revulsive Compress, the hot application is much longer.

HOW IT CAN HELP YOU: This compress is very helpful in relieving pain in many, many physical problems. (Neuralgia is but one example.)

(It should be understood that pain is sometimes best relieved by very hot applications, in others by cold ones, and in still others by alternate hot and cold. But in many instances, pain is increased as the affected nerves are excited (especially when inflammation is present). At such times, alternate hot and cold will best help reduce the pain.)

The Revulsive Compress is also a powerful aid in reducing congestion, such as gastric congestion, acute sciatica, neuritis, and spinal irritation. It can give relief from the heavy pain of toothache.

##### HOW TO APPLY IT:

1: Follow the directions for giving a Fomentation. But when each hot application has been lifted off, place a hand towel, wrung from cold water or ice water (according to his ability to react to cold) on the surface. Let it remain there a few seconds, then turn it over to remain a few seconds more.

2: The skin is now dried and the next fomentation is applied. Three changes of hot and three of cold are usually given. = ^ .. ^ =

## MISSION STORY

### Dr Rabbit's 1<sup>st</sup> Baptism: 7

Thara Pa-Deh, Dr. Rabbit, was not above adding a bit of showmanship to reinforce his efforts to gain public confidence. When he learned that in Karen folklore the rabbit was credited with superior wisdom and ability, he had readily agreed to be called Dr. Rabbit. He designed labels for the various substances used in simple jungle medicine, all with a small drawing of a rabbit and called Bunny Brand. Sales of medicines began to grow rapidly.

“Did y’ hear? Did y’ hear? Did y’ hear?” called old Rippling Water excitedly as she gathered some old ladies around her in the village of Kawmalay, eight miles from our mission. “The God worshipers have built a sickness house on the bank of the big river, among the coconut palms. And they say there is a white lady doctor there, and a white man doctor whom they call their Dr. Rabbit, and I’m going down to see them, I am, I am.”

The unbelieving spirit-worshipping villagers were incredulous. They protested and solemnly warned old Rippling Water that the white people at the sickness house were really dawtakas (devils). They would get her to eat some of their strong medicine, and thereafter she would be in their power. They would then eat her and her babies, too.

Old Rippling Water was defiant. “I don’t care what you say, I am going down to see them, I am, I am.” It didn’t matter what they did or said, she was going to see the God worshipers’ sickness house. So, taking her 18-year-old daughter, Fair One, she went through rice fields and bamboo forests to the Salween River. A fisherman friend ferried mother and daughter across.

As they approached the dispensary they began to feel afraid. They remembered the warnings. They hid in some bushes to see what was going on. They saw a mother with a crying baby go into the sickness house. A man with an abscessed hand went in, groaning with pain. Before long the mother came out with a happy, smiling baby in her arms. Then the man came out with his hand neatly bandaged, happiness written on his face.

It was enough for Rippling Water. Taking Fair One by the hand, she said, “Let’s go. They are not dawtakas. Nobody is being eaten. They go in crying, they come out laughing; they go in sick and come out well.” As the two of them came through the door of the dispensary they stood and marveled at what they saw. A white lady doctor was gently caring for

an old man with a great sore on his hand. She spoke kind words, and suddenly Rippling Water realized that the nurse was speaking in Karen. The white woman speaks our words,” she exclaimed aloud.

“Of course I do, Auntie,” Nurse Gibbs said. “How I wish I could come and visit you in your village homes. Then you’d know. But there are so many sick people and so many sick babies coming all day long that I never get a chance to go visiting. Do you know what I need, Auntie? I need a big girl about 18 years old to help me wash bandages and learn how to give babies their castor oil and how to put eye drops in sore eyes.”

As they talked on, the lady doctor suddenly noticed Fair One. At once, in the minds of both Nurse Gibbs and Rippling Water, an idea was born. The outcome was that Fair One came to live at the mission station and became the first dispensary assistant. Rippling Water and everyone at the mission station were happy with the arrangement. But back at her village, Fair One’s mother ran into sharp criticism and many dire predictions.

Fair One was happy, learned quickly, and became a much-loved and valuable helper. Some months later a young Karen graduate named Thara Peter came from the Meiktila Training School to join the mission staff. With his help they were able to start a small but successful school.

Just when the future was looking very bright, Nurse Gibbs went on furlough and the Hamiltons were called to pastoral duties in Rangoon. Now Dr. Rabbit and Mama Rabbit, Thara Peter, and Fair One had to care for the dispensary, school, and all. It was a difficult challenge, but they knew that God was with them, for now they were beginning to see the fruit of their labor.

One day Fair One said to Eric, “Dr. Rabbit, I’ve been here more than two years now. I’ve learned to work and I’ve learned to read: Every day I read part of the Golden Book. In that Book I’ve found Jesus, and I believe He is the Son of God. Doctor, I would like to be baptized and become a God worshiper too.”

Eric was too choked up with happiness to speak for a few moments. “I’m so glad, Fair One. Next time your mother comes down we will ask her what she thinks of it.”

In a few days Rippling Water came, and her reaction was “Well, I don’t mind if she does become a God worshiper. We have worshiped the devils and the evil spirits all our lives, and they are no good. And, Doctor, I’ll tell you what, maybe when I know

a little more, I might become a God worshiper too.”

The little mission family could not have been happier when the day came for the first convert among the Karens at Ohn Dow to be baptized. Pastor A. H. Williams was called to perform the sacred rite. He had been with Pastor Hamilton when the site for the mission had been selected, so it was a high day for him, as well.

When news of Fair One’s baptism reached her village, the villagers reacted by having a curse put on Rippling Water’s house, and she was driven from their midst with sticks and stones. She first took refuge at the mission, then with friends.

The cursed house now gave forth terrifying screams, groans, and yells. The troubled villagers decided to burn it, but no one brave enough to light a match could be found. “Let’s pull it down,” they said, but no one would dare to touch it. Finally they decided to make Rippling Water pull down her house. The poor woman came weeping to Eric. “How can I pull a house down? I’m only a little old woman. How I wish I could sell the old house. I’d be glad to live somewhere else. “

At once Eric thought of two hundred rupees the mission had received with which to build a boys’ home at their growing school. Rippling Water was glad to sell her house for fifty rupees, and Eric and the bigger schoolboys would be able to pull the house apart and transport the best of the materials to the school. Eric got permission from the village council to buy and transfer the house. The village people were glad to get rid of the cursed house, not caring what the devils might do to the God worshipers.

The materials in Rippling Water’s house were found to be sound. In a short time the house was dismantled and the materials carried on bullock wagons to the riverbank opposite the mission station. All the boards and posts were tied together to form a big raft and were towed across the river by the motor launch. Three weeks later the house was all assembled, and the boys had a new home. Now instead of the screaming of evil spirits, gospel songs were heard from the once-haunted house of Rippling Water.

The little mission staff sang a doxology, for in a short time not only was the house “converted,” but within a few months a brother and a sister of Fair One were baptized, and a little later the mother, old Rippling Water herself. = ^ .. ^ =



**Year 2: 4th Quarter:**  
**“FROM THE WILDERNESS TO CANAAN”**  
**WEEKLY BIBLE LESSON 2:**  
**“THE WILDERNESS”**

For our Bible lessons we are going to use the King James Version of the Bible. Just like the boys and girls used to use to learn to read from in the pioneer days. There will be some texts to look up for each day and you should practice your memory verse until you can say it without looking. Don’t forget to learn the text too.

**MEMORY VERSE: “For the LORD thy God hath blessed thee in all the works of thy hand: he knoweth thy walking through this great wilderness: these forty years the LORD thy God hath been with thee; thou hast lacked nothing.” Deuteronomy 2:7**

**Sunday**

**Text: Numbers 17:7-10 “And Moses laid up the rods before the LORD in the tabernacle of witness. And it came to pass, that on the morrow Moses went into the tabernacle of witness; and, behold, the rod of Aaron for the house of Levi was budded, and brought forth buds, and bloomed blossoms, and yielded almonds. And Moses brought out all the rods from before the LORD unto all the children of Israel: and they looked, and took every man his rod. And the LORD said unto Moses, Bring Aaron’s rod again before the testimony, to be kept for a token against the rebels; and thou shalt quite take away their murmurings from me, that they die not.”**

After the 250 princes, who decided to make themselves Priests, had all died before the Lord, the people were still wondering whether it was really

true that Aaron and his family were the only ones God wanted to be the High Priests.

God doesn't mind at all answering questions, if people have an honest heart and really want to know His will. So He decided to give Israel a lesson that they could see to help them to know what His will for them was.

He told Moses to tell the people to bring some walking sticks. Each leader of a tribe was to bring a walking stick or 'rod' and it was to have the name of the leader and his tribe's name carved onto it.

Then Moses took all the rods and placed them in the sanctuary in the room where the Ark was with the 10 commandment stones in it. He told the people that God was going to show them His choice for High Priest by a miracle.

The next morning all the people gathered round to see what would be decided. Moses came out of the sanctuary carrying twelve rods, with the names on them. But one of them was no longer a dead stick, it had leaves and flowers and even some almonds growing on it!

But when they looked at it they saw the name of Aaron of the tribe of Levi carved there. So they knew for sure that God wanted Aaron to continue as High Priest. This 'rod that blossomed' was kept always in the sanctuary and now and then it would be brought out to show the people again, so there was never any more doubt who was to be the High Priest.

**Thought** - If we are honest in heart and want to know God's truth, He is happy to teach it to us.

### Monday

**Text: Nehemiah 9:17** "And refused to obey, neither were mindful of thy wonders that thou didst among them; but hardened their necks, and in their rebellion appointed a captain to return to their bondage: but thou art a God ready to pardon, gracious and merciful, slow to anger, and of great kindness, and forsookest them not."

For almost 40 years we hear little about the Children of Israel as they wander homeless in the wilderness. During these years the people were always reminded that God was displeased with them. In the rebellion they had rejected God, and God had for the time rejected them. Since they had not kept His covenant, they were not to receive the sign of the covenant. Because they had wanted to return to the land of slavery, they showed they did

not deserve freedom and so they were not allowed to keep the Passover, which was to remember the deliverance from bondage.

And yet God did not completely cast them off, or they all would have died. Every day saw the miracles of God for their needs. The manna fell 6 days a week. Wherever they camped, water came from a rock nearby for them and their animals to wash and drink.

The most wonderful kindness that God showed to these rebels was that the daily and weekly services of the sanctuary did not stop. The way was kept open for all those who wanted to be forgiven of their sins, put away their sins and serve the Lord and be saved at last in His heavenly kingdom. Maybe we will meet some of those people in heaven and hear their stories.

God had two reasons for having them stay in the wilderness for this time. One reason was that their rebellion and disobedience was so great He could not bless these people with the Promised Land. Another reason was that the wilderness life, as the children were growing up, helped them to learn better, more obedient ways.

Every day they were seeing the works of God for their good, and God hoped they would come to know Him better than did their parents.

**Thought** - I have read or seen many stories of people taking disobedient boys and girls out to a camp or a ranch, where they were out in nature. In this way, sometimes, they learn lessons they can't seem to learn otherwise. If you have ever camped out in a tent, you know there are a lot of chores for you to do to stay comfortable.

### Tuesday

**Text: Nehemiah 9:19-21** "Yet thou in thy manifold mercies forsookest them not in the wilderness: the pillar of the cloud departed not from them by day, to lead them in the way; neither the pillar of fire by night, to shew them light, and the way wherein they should go. Thou gavest also thy good spirit to instruct them, and withheldest not thy manna from their mouth, and gavest them water for their thirst. Yea, forty years didst thou sustain them in the wilderness, so that they lacked nothing; their clothes waxed not old, and their feet swelled not."

There were even more miracles that God did for them. Their clothes and their shoes did not wear

out! Now you all know that if you have a nice pair of jeans or a dress, after a while it gets thin and shabby and if you wear it long enough, it falls to pieces. But these people wore their clothes for forty years, passing the small clothes down to other children as they grew up and so on, and the clothes and shoes did not wear out!

Also they did not get sick and their feet did not swell. If you are wandering about in a hot, dry desert, you can get sick, and your feet get sore and tired, and even swell up. But this did not happen to them.

The pillar of cloud was there in the daytime and it acted like a shade for them, if it was terrible hot. At night the pillar was a fire, it kept away the chill and lighted the camp with a soft glow.

God is so good to us, even when we must suffer the results of our wrongdoing, He comes near to comfort and help us. He lets us know He loves us and will forgive us, if we come to Him truly sorry for our sins and allow Him to remove them from our lives.

**Thought** – Spend a little time thinking about what it would have been like to grow up there in the camp of Israel. What kind of chores would you do? What things would you enjoy?

### Wednesday

**Text: Deuteronomy 32:10 “He found him in a desert land, and in the waste howling wilderness; He led him about, He instructed him, He kept him as the apple of His eyes.” Isaiah 63:9 “In all their affliction He was afflicted, and the Angel of His presence saved them; in His love and in His pity He redeemed them; and He bare them, and carried them all the days of old.”**

The Pillar of Cloud and Fire also guided them and protected them in those years. But the sad thing is, that the few stories that come to us of those times, are stories of rebellion and disobedience against God. It seems that some people just refuse to learn no matter what God does to try and teach them.

We want to make sure not to be stubborn like that, but to learn the lessons God wants us to learn, don't we?

There was a young man that had been born in a family where the mother was an Israelite and the father was an Egyptian. Now these kinds of people were called the 'Mixed Multitude' and they were

given permission to put their tents outside of the main camp of Israel.

They still got the Manna and other blessings, but they were not to be part of the main group until 3 generations, then if they truly served the Lord, they could be part of Israel.

Now this young man decided that he was going to put his tent right in with the Israelites anyway. He did not think that God was actually being very kind to him, to even let him be a part of Israel at all.

When a man from Israel came and told him he was not allowed to be there, he would not leave. So the matter went to the judge. He said the young man was wrong, and was to go back to his proper place.

Now everything would have been fine, but this young man was stubborn, and he cursed the judge, and he cursed God for making the rules! This was such a wrong thing, that the young man was made a prisoner until Moses could ask God what to do about this wicked deed.

There were laws that if a person cursed their Mother or Father, they were to be stoned to death. Then came the word from God, the young man was to die for his wicked deed. So he was stoned and the law stood that if anyone cursed God, or his Father and Mother, he was to die.

**Thought** – Nobody said, “Well, he just lost his temper, he didn't really mean it.” No way! If we lose our temper, we are still to blame for what we say or do. Remember that, if you feel like losing your temper. There is never any excuse for sin. Talk to Jesus and He will keep you from ever losing your temper.

### Thursday

**Text: Numbers 15:32,33 “And while the children of Israel were in the wilderness, they found a man that gathered sticks upon the sabbath day. And they that found him gathering sticks brought him unto Moses and Aaron, and unto all the congregation.”**

Still many of the people had great anger and rebellion in their hearts towards God because they didn't get to go into the Land of Promise. One of these people decided to show God just how he felt about His laws, by breaking the Sabbath.

Now it is important to understand that this man didn't 'just forget', or 'get mixed up' or have any

other reason for doing this. He did it to show that he wasn't going to obey God, because he was rebellious in heart.

The people were not to make fires, or cook anything on the Sabbath. Out there in the wilderness, fires were not needed, as it was a hot country. Later when they were in Canaan, they could make fires, if they needed to for warmth in the winter.

He even could have been sneaky about it, and do it where nobody could see, but he did it out in plain sight, because he wanted people to see that he was not going to go along with these rules any more.

He was kept in ward until Moses could ask God what was to be done with him. God said the man was to be stoned for his breaking the law so boldly. So his rebellion cost him his life.

In our day we think that such things were very hard, but if the man had not been punished, the whole camp would have rebelled too. God used some cases to set an example that He means what He says.

**Thought** – Now today, people don't get stoned for breaking the Sabbath or cursing God. People sometimes think that God is not so fussy now, but God is the same yesterday, today and always. If we rebel and refuse to give our hearts to Jesus and obey Him, the day will come when we will be lost and die forever.

## Friday

**Text: Ezekiel 20:12,13 “Moreover also I gave them my sabbaths, to be a sign between me and them, that they might know that I am the LORD that sanctify them. But the house of Israel rebelled against me in the wilderness: they walked not in my statutes, and they despised my judgments, which if a man do, he shall even live in them; and my sabbaths they greatly polluted: then I said, I would pour out my fury upon them in the wilderness, to consume them.”**

The Bible tells us that even though the rest of the people were not so bold as to go out and gather sticks on the Sabbath, and they all had the lesson that every week there would be double manna on Friday and none on Sabbath, yet they still didn't really keep God's Sabbath right.

Perhaps they sat around talking about their weekly work or telling silly stories. Perhaps they

just felt all grumbly in their hearts that they couldn't do what they felt like doing on that day. We don't know. But we do know that because they didn't truly keep the Sabbath as God wanted them to, He was not able to bless them like He wanted to.

There are some very special blessings promised to people who really keep the Sabbath right. You can read about them in Isaiah 58:13, 14 “If thou turn away thy foot from the sabbath, from doing thy pleasure on my holy day; and call the sabbath a delight, the holy of the LORD, honourable; and shalt honour him, not doing thine own ways, nor finding thine own pleasure, nor speaking thine own words: Then shalt thou delight thyself in the LORD; and I will cause thee to ride upon the high places of the earth, and feed thee with the heritage of Jacob thy father: for the mouth of the LORD hath spoken it.”

Boys and girls, these blessings are for us if we truly obey God with a happy heart. Keeping Sabbath is much more than just not working, or putting away our toys on that day. It is a time when God wants to specially be close to us and bless us.

If we treat the day like we would if someone very special were coming to visit us, then we start to understand the Sabbath a bit. If the Queen or the President were coming, we would prepare our house; we would have our clothes nice and our bodies sweet and clean. Then when they came, we would sit down and pay attention to what they would say to us.

Now if we would do that to a human guest, should we not do the same and more for our Heavenly Guest? This is a special time when we can learn about God's Word, and also lessons from the things He made in nature.

Notice it says we are not to speak our own words or do our own ways or pleasures on that day. We are not to talk about our work or worldly things, school or play. But if we really love Jesus, we will love to talk about Him and Sabbath will truly be a delight. When Sabbath is our delight, God will be able to give us special blessings.

**Thought** – You can tell how much you truly love Jesus by which time you feel the happiest, Friday sundown when Sabbath starts, or Sabbath sundown, when it ends. If you are counting the minutes until Sabbath is over so you can turn on the TV or run off to some entertainment... you have a serious problem. Pray about it! = ^ .. ^ =